

Adenovirus-Vectored COVID-19 Vaccine–Induced Immune Thrombosis of Carotid Artery

A Case Report

Uwe Walter, MD, FEAN, Mario Fuchs, Annette Grossmann, MD, Michael Walter, MD, Thomas Thiele, MD, Alexander Storch, MD, and Matthias Wittstock, MD

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Correspondence

Dr. Walter
uwe.walter@
med.uni-rostock.de

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Abstract

Objectives

Venous thrombosis and thrombocytopenia after vaccination with the adenovirus-vectored COVID-19 vaccine ChAdOx1 nCov-19 (AstraZeneca) have been linked to serum antibodies against platelet factor 4 (PF4)-polyanion complexes. We here report vaccine-induced isolated carotid arterial thrombosis.

Methods

Imaging and laboratory findings, treatment decisions, and outcome of this case are presented.

Results

Eight days after having received the first dose of ChAdOx1 nCov-19 vaccine, a 31-year-old man was admitted to our stroke unit with acute headache, aphasia, and hemiparesis. D-dimers were slightly elevated, but platelet count and fibrinogen level were normal. MRI-confirmed mainstem occlusion of middle cerebral artery resolved within 1 hour after the start of IV thrombolysis. A wall-adherent, nonoccluding thrombus in the ipsilateral carotid bulb was identified as the source of embolism. Cardiac or paradoxical (venous) embolism was excluded. Screening for the presence of heparin-induced thrombocytopenia–related antibodies was positive, and highly elevated serum IgG antibodies against PF4-polyanion complexes were subsequently proven. Treatment with aspirin and subcutaneous danaparoid, followed by phenprocoumon, led to thrombus shrinkage and dissolution within 19 days and favorable clinical outcome.

Discussion

Vaccine history is important in patients not only with venous but also with arterial thromboembolic events. Vaccine-induced immune thrombosis of brain-supplying arteries may well be handled.

From the Department of Neurology (U.W., M.F., A.S., M. Wittstock), Rostock University Medical Center, Rostock, Germany; Institute of Diagnostic and Interventional Radiology, Pediatric Radiology and Neuroradiology (A.G.), Rostock University Medical Center, Rostock, Germany; Institute of Clinical Chemistry and Laboratory Medicine (M. Walter), Rostock University Medical Center, Rostock, Germany; and Institute of Immunology and Transfusion Medicine (T.T.), Greifswald University Medical Center, Greifswald, Germany.

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Figure 1 Imaging of Brain and Intracranial Arteries



Multimodal imaging findings of brain and intracranial arteries of the patient with acute ischemic stroke on postvaccination day 8. (A, B) Diffusion-weighted MRI showing acute ischemia in the territory of left middle cerebral artery (MCA). (C) Time-of-flight MR angiography showing distal mainstem occlusion of left MCA (arrow). (D) Digital subtraction angiogram 50 minutes after the start of IV thrombolysis therapy confirmed reperfusion of the M1 and M2 segments of left MCA, with only a small temporal M3 branch remaining occluded (arrow). (E, F) CT scan performed 24 hours after thrombolysis therapy showing small infarctions in the left insular and temporal cortex (arrows).

To fight the COVID-19 pandemic, the European Medicines Agency approved 4 vaccines until March 2021. Of these, ChAdOx1 nCoV-19 (AstraZeneca) is a replication-defective, chimpanzee adenovirus-vectored vaccine containing the full-length severe acute respiratory syndrome coronavirus type 2 (SARS-CoV-2) spike glycoprotein gene.¹ In recently reported 23 patients naïve to heparin with ChAdOx1 nCov-19 vaccine-induced thrombosis and thrombocytopenia (VITT), highly elevated serum IgG antibodies to platelet factor 4 (PF4)-

polyanion complexes were found.²⁻⁴ VITT typically manifests with, often cerebral, venous thromboses, and also a few arterial thromboses were noted.²⁻⁵ In this study, we describe a case with isolated arterial thrombosis in the presence of strong reacting platelet-activating antibodies directed against PF4.

Methods

The local ethics committee approved this study (identifier: A2021-0089). The patient provided written informed consent.

Results

Clinical Presentation

A 31-year-old childcare worker was admitted to our stroke unit with acute headache, aphasia, and incomplete right-sided hemiparesis. He had received his first dose of ChAdOx1 nCoV-19 vaccine 8 days before and suffered minor symptoms (fatigue, myalgia, and mild headache) over a few days but then remained asymptomatic until day 8, when he experienced sudden-onset severe headache. The headache persisted despite taking cumulatively 2 g of paracetamol. He was feeling weary and spent most of the day sleeping. When waking him up, his partner noticed hemiplegia and speech arrest and called emergency.

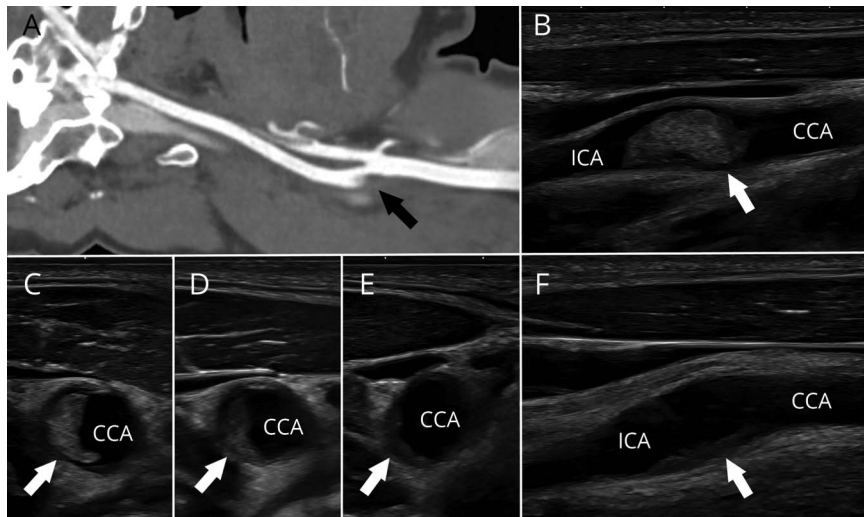
He had no preexisting medical condition and did not regularly take any medication. The only cardiovascular risk factor was cigarette smoking (10/d) since 12 years. His grandfather had had a stroke in high age; there were no further cardiovascular events in family history.

Diagnostic Findings

An MRI examination on admission revealed acute ischemia of left middle cerebral artery (MCA) territory due to distal MCA mainstem occlusion (Figure 1). IV thrombolysis with alteplase was started, and urgent thrombectomy was planned. On catheter angiography, however, the MCA-M1 and MCA-M2 segments were reperfused 50 minutes after the start of alteplase; a wall-adherent carotid thrombus was noted, but no arterial dissection. Next-day CT scan of the brain showed 2 small areas of brain infarction. CT angiography and ultrasonography confirmed a parietal solid thrombus in the left carotid bulb (Figure 2), with a mobile tail at its proximal end (Video 1). Transesophageal echocardiography and transcranial Doppler testing with agitated saline excluded an aortic, cardiac, or paradoxical (venous) source of embolism. Thus, the carotid thrombus was regarded being the source of embolism into the MCA.

Initial blood tests showed slightly increased D-dimers, leukocyte counts, and C-reactive protein (Table). Platelet count and fibrinogen level were normal, as well as standard laboratory workup, including serum lipids, homocysteine, and lipoprotein (a), screening for thrombophilia (antithrombin III, factor V, factor VIII, protein C, activated protein C resistance, anti-phospholipid antibodies, and search for *prothrombin*

Figure 2 Imaging of Extracranial Carotid Arteries



Multimodal imaging findings of left common carotid artery (CCA) and internal carotid artery (ICA) on postvaccination days 11, 16, and 23. (A) CT angiogram (day 11) showing a parietal thrombus in the CCA bulb, extending into the offspring of ICA, causing a lumen stenosis of <50% (arrow). (B) Coronal sonogram (day 11) of this wall-adherent 190-mm³ thrombus (arrow). (C) Axial sonogram (day 11) of this mostly solid, non-occluding thrombus with a slightly mobile tail at its proximal end (arrow; see also the Video 1). (D) Axial sonogram (day 16) at the same level as shown in (C), demonstrating beginning shrinkage (140 mm³) of the thrombus (arrow). (E) Axial sonogram (day 23) at the same level as shown in (C), demonstrating marked shrinkage (50 mm³) of the thrombus (arrow). (F) Sagittal sonogram (day 23) of the residual thrombus (arrow).

mutation g.20210 G > A), and tests for antinuclear antibodies and antineutrophil cytoplasmic antibodies. Because the thrombosis occurred within the typical time window for VITT,² we screened for heparin-induced thrombocytopenia–related antibodies despite normal platelet count, with a positive test result. Subsequent workup proved highly elevated serum IgG antibodies against PF4–polyanion complexes. These antibodies

activated platelets in the presence of PF4 in a washed platelet activation assay.²

Treatment and Outcome

IV thrombolysis entailed dramatic neurologic recovery within 1 hour. Symptoms persisting on days 9–28 were slight phonemic paraphasia and difficulties in complex cognitive tasks.

Table Laboratory and Sonographic Findings 8–28 d After Vaccination (Stroke Onset on Day 8)

Parameter	Reference	Findings on postvaccination day no.						
		8	9	10	11	18	23	28
Laboratory findings								
Platelet count, 10 ⁹ /L	150–450	217	159	152	165	196	208	201
Leukocyte count, 10 ⁹ /L	4–9	10.5	9.72	7.54	8.46	7.19	6.49	7.17
C-reactive protein, mg/L	<5.0	13.0		12.5	22.8		3.0	
Prothrombin time, INR	0.80–1.25	0.98		1.05	1.03	2.42^a	2.57^a	2.01^a
Activated partial thromboplastin time, s	27–37	27.5		30.1	29.4		40.6^a	40.9^a
Fibrinogen, g/L	1.8–3.5	2.7		2.5			2.3	
D-dimers, mg/L	<0.5	1.1					0.48	0.34
Heparin/PF4 IgG-specific ELISA	Neg		Pos				Pos	
Heparin-induced platelet activation test	Neg		Neg				Neg	
Vaccine-induced platelet activation test	Neg		Pos				ND	
SARS-CoV-2 RT-PCR test	Neg	Neg	Neg					
Sonographic findings								
Carotid thrombus volume, mm ³	0		190		190	140	50	0

Abbreviations: INR = international normalized ratio; Neg = negative; PF4 = platelet factor 4; Pos = positive; RT-PCR = reverse transcriptase-PCR. Abnormal findings in bold.

^a Values increased on oral anticoagulant therapy with vitamin K antagonist (phenprocoumon).

Combined anticoagulation with aspirin 100 mg/d and subcutaneous danaparoid 2 × 750 mg/d on days 9–13, followed by phenprocoumon (target international normalized ratio 2–3),⁶ led to marked thrombus shrinkage (Figure 2, Video 1) and complete dissolution on day 28.

Discussion

We report on a young patient with ischemic stroke in a typical time window for VITT,^{2–5} without definite thrombocytopenia. For immunogenic thrombocytopenia, a platelet count fall of >50% in 48 hours is also relevant, which may have occurred within normal platelet counts. He had isolated carotid arterial thrombosis with secondary embolism into the MCA, along with highly elevated antibodies against PF4-polyanion complexes, but normal platelet counts. Therefore, standard IV thrombolysis with alteplase and subsequent aspirin, followed by oral vitamin K antagonist anticoagulation, was initiated and led to favorable outcome. Vitamin K antagonist anticoagulation in early stage of VITT occurring with thrombocytopenia and disseminated intravascular coagulation is not recommended because of the rapid decline of protein C, which could potentially aggravate thrombosis. However, we considered the use as safe because no thrombocytopenia and no signs of disseminated intravascular coagulation were present in our patient. To avoid heparin administration, danaparoid was given for prophylaxis of deep vein thrombosis. Treatment with intravenous immunoglobulins, recommended particularly for vaccination-induced cerebral venous sinus thrombosis to interrupt Fcγ receptor-mediated platelet activation,^{2,7} was omitted here because of normal platelet counts.

We conclude that any unusual thrombosis 4–20 days after vector-based vaccination against COVID-19 should prompt investigation of VITT antibodies.

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Appendix Authors

Name	Location	Contribution
Uwe Walter, MD, FEAN	Department of Neurology, Rostock University Medical Center, Rostock, Germany	Drafting/revision of the article for content, including medical writing for content; major role in the acquisition of data; study concept or design; and analysis or interpretation of data
Mario Fuchs	Department of Neurology, Rostock University Medical Center, Rostock, Germany	Drafting/revision of the article for content, including medical writing for content, and analysis or interpretation of data
Annette Grossmann, MD	Institute of Diagnostic and Interventional Radiology, Pediatric Radiology and Neuroradiology, Rostock University Medical Center, Rostock, Germany	Drafting/revision of the article for content, including medical writing for content; major role in the acquisition of data; and analysis or interpretation of data
Michael Walter, MD	Institute of Clinical Chemistry and Laboratory Medicine, Rostock University Medical Center, Rostock, Germany	Drafting/revision of the article for content, including medical writing for content; major role in the acquisition of data; and analysis or interpretation of data
Thomas Thiele, MD	Institute of Immunology and Transfusion Medicine, Greifswald University Medical Center, Greifswald, Germany	Drafting/revision of the article for content, including medical writing for content; major role in the acquisition of data; and analysis or interpretation of data
Alexander Storch, MD	Department of Neurology, Rostock University Medical Center, Rostock, Germany	Drafting/revision of the article for content, including medical writing for content, and analysis or interpretation of data
Matthias Wittstock, MD	Department of Neurology, Rostock University Medical Center, Rostock, Germany	Drafting/revision of the article for content, including medical writing for content; major role in the acquisition of data; and analysis or interpretation of data

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